

# What's in Robson's BA?

I use the same buoyancy aid for both canoeing & kayaking whether I'm on Whitewater, lakes/lochs or coastal waters as well as multiday expeditions or simply on the canal for work. I use a [PeakUK](#) River guide from [Go Kayaking - Retail Stores](#). I've been using this model in its various forms for the past 8/9 years and the one pictured is the 2020 model.

1 - Folding Saw - this one is a [Bahco](#) Laplander - really useful for trimming hazardous branches out of the river, preparing firewood and apparently cutting people out of boats although I much prefer to avoid having to do this in the first place.

2 - Two Screw gate Pear Shaped Karabiners - this shape is ideal for use in Whitewater rescue situations but they are useful for clipping stuff to other stuff; in camp, for setting up pulley systems or for mooring my boat up. These have a million and one uses and you can never have enough. Sometimes I like to have 3 of them.

3 - Sling & Karabiner - I use the PeakUK 5m Rescue Tape. It has a small sewn loop at each end which allows a karabiner to clip to. This again has a million uses; rescues, towing, as a painter or to help someone climb up a sloppy bank. Invaluable.

4 - Prussik Loop - 5mm accessory cord tied into a loop. For locking off a pulley system.

5 - Airbag Inflation Tube - my canoe airbags are from [Tribal Bags](#) and have a super strong SUP/Raft valve, this allows me to top them up using my mouth.

6 - Folding Knife - this is a Gerber EZ out and I've had it for 17 years. I use it for cutting my favourite cheese and slicing baguettes lengthways. It lives in it's own pocket and has a short length of accessory cord attached to help me find it in a hurry. The cord is not looped to avoid it snagging on anything.

7 - Prussic Minding Pulley - reduces friction doing rope work. This one is designed to be used with a prussic to make a hands free locking haul system.

8 - Mobile Phone - This is 100% waterproof so its readily accessible when used for sending photos of swimmers to my work group chat and making sure there is a brew waiting for me when I get off the water. Pretty useful that it has OS Maps of the whole of the UK on it too.

9 - Compass - tells me where North is. Pretty useful in the dark or fog on big bodies of open water.

Some of this will seem familiar and some will not. Most of the stuff I aim to never use but it's pretty small and lightweight and I don't find it to be a hindrance

